

Start with virtual primary care for a healthier you

Your primary care benefit through Young Life



You now have access to virtual annual checkups and ongoing care with a board-certified primary care provider (PCP) of your choice.

What you can expect from Primary360:

- Schedule a visit when it works for you with a healthcare provider of your choice
- Get prescriptions, lab orders and referrals for in person care if needed
- Reach your health goals with personalized care plans

Young Life members have access to these additional Teladoc Health virtual services:

24/7 Care:

Talk to a doctor or medical professional in minutes for non-emergency needs

Mental Health:

Talk to a therapist who's right for you by phone or video

Dermatology:

Treat skin conditions by sending photos to a dermatologist

Expert Medical Opinion:

Get a second opinion by a leading medical expert

Log in to your Teladoc Health account for details and pricing of the services available to you.

Create your account today to schedule a visit.

Visit TeladocHealth.com/Primary360

Call 1-800-835-2362

Download the app  | 

Refer to your employee booklet at umr.com for Teladoc benefits