

LIVING WITH DIABETES IS CHALLENGING. DON'T DO IT ALONE.

TrueLifeCare is a free health benefit offered through your employer's health plan that helps you be in control of diabetes. Highly trained and certified RN health coaches provide personalized, evidence-based support that will help you improve your health, plus a confidential, listening ear for any questions and concerns.

TrueLifeCare has been independently proven to meet its three main objectives:



YOU SAVE MONEY

Saves you money on diabetes testing equipment and supplies.



BETTER HEALTH

Improve your overall health and quality of life with **FREE** health benefits and support



CONFIDENTIAL

Private and confidential support and motivation.

92% of TrueLifeCare Members say their health has improved.

- **97%** say TrueLifeCare is a valuable company benefit
- **96%** say TrueLifeCare has saved them money



START GETTING ALL THE BENEFITS YOU OR YOUR FAMILY MEMBERS WITH DIABETES DESERVE NOW!

Visit
[TrueLifeCare.com/Info](https://www.TrueLifeCare.com/Info)
or call (888) 788-4925
to learn more.

TrueLifeCare
Your Human Connection
to Better Health

Living With Diabetes?

LEARN ABOUT FREE BENEFITS AVAILABLE TO YOU

MANAGE DIABETES AND LIVE WELL

TrueLifeCare
Your Human Connection
to Better Health



ENJOY THESE FREE BENEFITS NOW WWW.TRUELIFECARE.COM/INFO

TrueLifeCare provides health plan members with diabetes the following benefits, all free:

- **Free glucose testing supplies:** glucometer, test strips, lancing device and more.
- **Free one-on-one consultations with your personal RN Health Coach.**
- **Free, secure SmartHealth app to track and share your progress.**
- **Free AI-Powered personal medical assistant trained for diabetes.**
- **Free blood pressure meter** if hypertensive.
- **Free home delivery of supplies.**
- **Free meal planning guides** and recipes.

...and more

THIS CAN BE YOUR BIGGEST HEALTH OPPORTUNITY

Learning about TrueLifeCare membership is easy and free: simply scan the QR code to the right, or call (888) 788-4925.

Your personal RN Coach provides the support you need to make the small changes that lead to big improvements in how you feel and in your overall health journey.

There is absolutely no risk or cost. Everything is private and confidential. There is no obligation if you decide it's not a good fit.

NO LONG-TERM COMMITMENTS

NO EXTRA EXPENSES - JUST FREE, HELPFUL BENEFITS

NO REASON TO WAIT

Say YES and learn about this
free support for a better life!

**VISIT TRUELIFECARE.COM/INFO
OR CALL 1-888-788-4925 NOW
TO GET YOUR FREE BENEFITS**

Scan Now to Schedule Your Call



For more than 12 years, TrueLifeCare has delivered highly satisfied customers and lower health care costs. Our health outcomes have been independently reviewed and certified.

TrueLifeCare

*"My coach gives me hope
when I feel there is none.
She is not just a coach,
but also a cheerleader."*